



WEEKLY DISCOVERIES

November 14, 2011

Ready, Set, MOVE!.....

As the weather changes & kids are indoors more, they still need to be very active. God designed them to want to move and be physical. To help them with this, we incorporate large motor activities throughout our day. The children love our balance beams, tunnels, climbing cubes, and mini trampoline. These little bodies need to move much and quite often to get stronger mentally & physically. Some good examples of this kind of activity is rolling on the carpet, climbing on couch cushions, jumping over things and dancing to music. You will find them to be much more happier and healthier if they move around at least 15 minutes every hour.



Helpful Reminders:

- ☺ Continue to label all items in their lunchboxes, **including cups, utensils and lids.** You'd be surprised how many of the same items the children have.
- ☺ Continue to LABEL every coat, mittens, hats and changes of clothes that come in!

SNACK AND LUNCH TIME

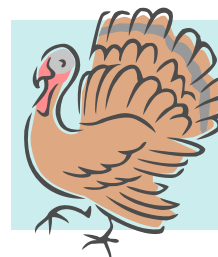
Healthy snacks & lunches are important to growing children. It's vital they have the right "fuel" in order to move throughout their day. Some examples are: cut up fruit & veggies, cheese cubes, whole grain crackers, diced meats & bite-sized foods. It helps the teachers so much when the food is "ready to go" because all the children eat at the same time. Some friendly reminders: go-gurts, yogurt cups, & undrained fruit cups are tough to handle independently for some children. If the food item needs a spoon, be sure they are able to use it on their own. We all know its important children get a balanced meal, but please send something from each food group *your child will eat*. If you have any questions, please see your child's teacher.

What are we THANKFUL for?

At preschool we're thankful for every child. We're trying to instill in the children the importance of being thankful for things we have. We try to model saying please & thank you for our toys, snack, or getting help in school. Children with emerging speech benefit from hearing the words along with seeing us "sign" those words. If you don't know the sign language for "please" and "thank you", just ask your teachers to show you. We really appreciate you sharing your precious children with us — thank you!!! We hope during this season of Thanksgiving that you remember how truly thankful you are for the things in your life.

Looking ahead.....

This month in DD1, our books are "Squirrels are Everywhere" & "Ten Little Turkeys. In DD2, we will read "Nature Spy" and "Up, Down, all Around". Our art activities & sensory tables will reflect seasonal things.



Inside Story Headline

This story can fit 150-200 words.

One benefit of using your newsletter as a promotional tool is that you can reuse content from other marketing materials, such as press releases, market studies, and reports.

While your main goal of distributing a newsletter might be to sell your product or service, the key to a successful newsletter is making it useful to your readers.

A great way to add useful content to your newsletter is to develop and write your own articles, or include a calendar of upcoming events or a special offer that promotes a new prod-

uct.

You can also research articles or find "filler" articles by accessing the World Wide Web. You can write about a variety of topics but try to keep your articles short.

Much of the content you put in your newsletter can also be used for your Web site. Microsoft Publisher offers a simple way to convert your newsletter to a Web publication. So,



Caption describing picture or graphic.

when you're finished writing your newsletter, convert it to a Web site and post it.

Inside Story Headline

This story can fit 100-150 words.

The subject matter that appears in newsletters is virtually endless. You can include stories that focus on current technologies or innovations in your field.

You may also want to note business or economic trends, or make predictions for your customers or clients.

If the newsletter is distributed internally, you might comment upon new procedures or improvements to the business. Sales figures or earnings will show how your business is growing.

Some newsletters include a column that is updated every issue, for instance, an advice column, a book review, a letter from the president, or

an editorial. You can also profile new employees or top customers or vendors.

"To catch the reader's attention, place an interesting sentence or quote from the story here."

Inside Story Headline

This story can fit 75-125 words.

Selecting pictures or graphics is an important part of adding content to your newsletter.

Think about your article and ask yourself if the picture supports or enhances the message



Caption describing picture or graphic.

you're trying to convey. Avoid selecting images that appear to be out of context.

Microsoft Publisher includes thousands of clip art images from which you can choose and import into your newsletter. There are

also several tools you can use to draw shapes and symbols.

Once you have chosen an image, place it close to the article. Be sure to place the caption of the image near the image.

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Primary Business Address
Your Address Line 2
Your Address Line 3
Your Address Line 4

Phone: 555-555-5555
Fax: 555-555-5555
E-mail: someone@example.com

Your business tag line here.



This would be a good place to insert a short paragraph about your organization. It might include the purpose of the organization, its mission, founding date, and a brief history. You could also include a brief list of the types of products, services, or programs your organization offers, the geographic area covered (for example, western U.S. or European markets), and a profile of the types of customers or members served.

It would also be useful to include a contact name for readers who want more information about the organization.

Back Page Story Headline

This story can fit 175-225 words.

If your newsletter is folded and mailed, this story will appear on the back. So, it's a good idea to make it easy to read at a glance.

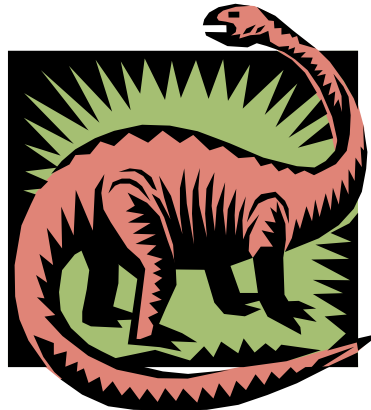
A question and answer session is a good way to quickly capture the attention of readers. You can either compile questions that you've received since the last edition or you can summarize some generic questions that are frequently asked about your organization.

A listing of names and titles of managers in your organization is a good way to give your newsletter a personal touch. If your organization is small, you may want to list the names of all

employees.

If you have any prices of standard products or services, you can include a listing of those here. You may want to refer your readers to any other forms of communication that you've created for your organization.

You can also use this space to remind readers to mark their calendars for a regular event, such as a breakfast meeting for vendors every third Tuesday of the month, or a bi-annual charity auction.



Caption describing picture or graphic.

If space is available, this is a good place to insert a clip art image or some other graphic.